

Memorial Anteunis 25: Session: 1: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 Relay line-up input: The listed starttimes are indicative!

Coaches: Duck Chantal

Coaches: Dewulf Bart HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:7, starttime: 09:08
Heat: 7/11 Lane : 4 Athlete: ROMBAUT CÃ©LINE			Q-time: 00:40:71
PB (25m pool): 00:40.71 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:42.92 SB: no time
	2 5 M	5 0 M	
PB		00:40.71	
	00:40.71		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:8, starttime: 09:09
Heat: 8/11 Lane : 6 Athlete: FEYS FARAH			Q-time: 00:39:72
PB (25m pool): 00:39.72 Diksmuide 17/11/2024			PB (50m pool): 00:42.14 SB: no time
	2 5 M	5 0 M	
PB		00:39.72	
	00:39.72		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:4, starttime: 09:17
Heat: 4/8 Lane : 1 Athlete: VANNESTE DAAN			Q-time: 00:39:81
PB (25m pool): 00:40.86 Sint-Amandsberg 22/10/2023			PB (50m pool): 00:39.81 SB: no time
	2 5 M	5 0 M	
PB		00:40.86	
	00:40.86		
			

Coach feedback:

Memorial Anteunis 25: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:5, starttime: 09:19
Heat: 5/8 Lane : 1 Athlete: PICEU SEPPE			Q-time: 00:38:00
PB (25m pool): 00:38.00 Sint-Amandsberg 27/10/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:38.00	
	00:38.00		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:11, starttime: 09:34
Heat: 11/18 Lane : 8 Athlete: DECUPERE LAURENCE			Q-time: 00:30:89
PB (25m pool): 00:30.89 Menen 01/06/2025			PB (50m pool): 00:31.98 SB: no time
	2 5 M	5 0 M	
PB		00:30.89	
	00:30.89		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:15, starttime: 09:38
Heat: 15/18 Lane : 3 Athlete: DECOUTERE IMANI			Q-time: 00:28:98
PB (25m pool): 00:28.98 Menen 01/06/2025			PB (50m pool): 00:29.47 SB: no time
	2 5 M	5 0 M	
PB		00:28.98	
	00:28.98		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:6, starttime: 09:47
Heat: 6/16 Lane : 0 Athlete: GOEMAERE CYRIEL			Q-time: 00:32:56
PB (25m pool): 00:32.56 Menen 01/06/2025			PB (50m pool): 00:32.60 SB: no time
	2 5 M	5 0 M	
PB		00:32.56	
	00:32.56		
			

Coach feedback:

Memorial Anteunis 25: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:8, starttime: 09:49
Heat: 8/16 Lane : 4 Athlete: VANDEMAELE EGON			Q-time: 00:30:21
PB (25m pool): 00:30.21 Menen 01/06/2025			PB (50m pool): 00:30.61 SB: no time
	2 5 M	5 0 M	
PB		00:30.21	
	00:30.21		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:9, starttime: 09:50
Heat: 9/16 Lane : 9 Athlete: VANNESTE DAAN			Q-time: 00:30:11
PB (25m pool): 00:30.11 Menen 01/06/2025			PB (50m pool): 00:30.44 SB: no time
	2 5 M	5 0 M	
PB		00:30.11	
	00:30.11		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:14, starttime: 09:55
Heat: 14/16 Lane : 8 Athlete: FEYS JONAH			Q-time: 00:26:71
PB (25m pool): 00:26.71 Nijlen 17/11/2024			PB (50m pool): 00:26.86 SB: no time
	2 5 M	5 0 M	
PB		00:26.71	
	00:26.71		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:15, starttime: 09:56
Heat: 15/16 Lane : 1 Athlete: DECUPERE ALEX			Q-time: 00:26:42
PB (25m pool): 00:26.42 Menen 01/06/2025			PB (50m pool): 00:27.44 SB: no time
	2 5 M	5 0 M	
PB		00:26.42	
	00:26.42		
			

Coach feedback:

Memorial Anteunis 25: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:6, starttime: 10:17
Heat: 6/10 Lane : 2 Athlete: PICEU SEPPE			Q-time: 00:32:67
PB (25m pool): 00:32.67 Diksmuide 17/11/2024			PB (50m pool): 00:35.15 SB: no time
	2 5 M	5 0 M	
PB		00:32.67	
	00:32.67		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:6, starttime: 10:17
Heat: 6/10 Lane : 4 Athlete: VANNESTE DAAN			Q-time: 00:31:65
PB (25m pool): 00:32.34 Diksmuide 17/11/2024			PB (50m pool): 00:31.65 SB: no time
	2 5 M	5 0 M	
PB		00:32.34	
	00:32.34		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:9, starttime: 10:20
Heat: 9/10 Lane : 8 Athlete: FEYS JONAH			Q-time: 00:29:66
PB (25m pool): 00:29.91 Nijlen 17/11/2024			PB (50m pool): 00:29.66 SB: no time
	2 5 M	5 0 M	
PB		00:29.91	
	00:29.91		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:1, starttime: 10:21
Heat: 1/13 Lane : 6 Athlete: ROMBAUT CÃ©LINE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:41.90 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Memorial Anteunis 25: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 7: 50M BACKSTROKE WOMEN 11-17										Heat:12, starttime: 10:34	
Heat: 12/13 Lane : 6 Athlete: DECOUTERE IMANI										Q-time: 00:31:50	
PB (25m pool): no time					PB (50m pool): 00:31.50 SB: no time						
	2 5 M		5 0 M								
PB			no time								
	no time										
											

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17										Heat:6, starttime: 10:42	
Heat: 6/10 Lane : 9 Athlete: VANDEMAELE EGON										Q-time: 00:37:45	
PB (25m pool): 00:37.45 Brugge 20/10/2024										PB (50m pool): 00:37.60 SB: no time	
	2 5 M		5 0 M								
PB			00:37.45								
	00:37.45										
											

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17							Heat:8, starttime: 10:45	
Heat: 8/10 Lane : 6 Athlete: DECUPERE ALEX							Q-time: 00:30:58	
PB (25m pool): 00:30.58 Brugge 20/10/2024							PB (50m pool): 00:30.86 SB: no time	
	2 5 M		5 0 M					
PB			00:30.58					
	00:30.58							
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:23	
Heat: 6/10 Lane : 9 Athlete: ROMBAUT CÃ©LINE							Q-time: 05:28:92	
PB (25m pool): 05:38.02 Sint-Amandsberg 27/10/2024				PB (50m pool): 05:28.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.29		01:21.87		02:03.74		02:45.81
	00:39.29		00:42.58		00:41.87		00:42.07	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:28.07		04:10.52		04:53.42		05:38.02
	00:42.26		00:42.45		00:42.90		00:44.60	
								

Coach feedback:

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Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:8, starttime: 11:35	
Heat: 8/10 Lane : 1 Athlete: DECUPERE LAURENCE							Q-time: 05:00:44	
PB (25m pool): 05:00.44 LAGO Zwevegem 09/06/2025				PB (50m pool): 05:08.83SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.72		01:12.34		01:50.38		02:28.67
	00:34.72		00:37.62		00:38.04		00:38.29	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:07.01		03:45.43		04:23.36		05:00.44
	00:38.34		00:38.42		00:37.93		00:37.08	
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:8, starttime: 11:35	
Heat: 8/10 Lane : 3 Athlete: DECOUTERE IMANI							Q-time: 04:57:74	
PB (25m pool): 04:49.74 Meulebeke 08/10/2023				PB (50m pool): 04:57.74 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:49.74
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:5, starttime: 12:19	
Heat: 5/10 Lane : 0 Athlete: GOEMAERE CYRIEL							Q-time: 05:24:92	
PB (25m pool): 05:34.79 Sint-Amandsberg 27/10/2024				PB (50m pool): 05:24.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.82		01:16.61		01:59.69		02:43.25
	00:35.82		00:40.79		00:43.08		00:43.56	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:27.36		04:11.53		04:54.53		05:34.79
	00:44.11		00:44.17		00:43.00		00:40.26	
								

Coach feedback:

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Event number: 10: 400M FREESTYLE MEN 11-17							Heat:6, starttime: 12:25	
Heat: 6/10 Lane : 3 Athlete: PICEU SEPPE							Q-time: 04:59:30	
PB (25m pool): 04:59.30 Sint-Amandsberg 27/10/2024				PB (50m pool): 04:59.71 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.15		01:11.10		01:49.55		02:27.96
	00:33.15		00:37.95		00:38.45		00:38.41	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:06.20		03:44.12		04:22.07		04:59.30
	00:38.24		00:37.92		00:37.95		00:37.23	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:7, starttime: 12:31	
Heat: 7/10 Lane : 7 Athlete: VANNESTE DAAN							Q-time: 04:54:09	
PB (25m pool): 05:21.25 Meulebeke 08/10/2023				PB (50m pool): 04:54.09SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:21.25
								

Coach feedback: